

Imagine Therapeutic Arts

Imagine is a Therapeutic Arts project offering an accessible and supportive studio space in which members can explore and develop their creativity in a safe and community based practice. The studio opened in 2009 and is run by two Therapeutic Arts practitioners. Members can chose between the 'open studio practice' - which invites a more independent artistic work, and the 'theme-based groups' - where in a confidential setting, artistic and emotional aspects of a specific theme are explored from different perspectives. Imagine offers a safe space where creativity can be used as a powerful tool for furthering self-awareness and change. No previous artistic experience is required to join the studio and basic art materials are provided.
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Who to Contact

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Location

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Details

Cost(s):

Enquire for details

Eligibility:

Adults

Website:

www.imagine-therapeutic-arts.co.uk