



ARESMA
Associazione di ricerche e studi
per la medicina antroposofica

Incontri di ricerca
in medicina antroposofica

Milano, Palazzo delle Stelline
20-21 febbraio 2009



Lo spirito della ricerca The spirit of research

Marco Polo describes a bridge, stone by stone.

- But which is the stone that supports the bridge? - Kublai Kan asks.

- The bridge is not supported by one stone or another

- Marco answers, - but by the line of the arch that they form.

Kublai Kan remains silent, reflecting.

Then he adds: - Why do you speak to me of the stones? It is only the arch that matters to me.

Polo answers: - Without stones there is no arch.

Italo Calvino „Invisible cities“, 1972

Milan, Christmas 2008

Dear Friends and Colleagues,

This is to introduce the new step of our seminar work on research. This workshop will take place in Milan from 20th to 21st February 2009. The leading instructors will be: Dr. **Gunver Sophia Kienle** and Dr. **Helmut Kiene**, from the IFAEMM, Freiburg.

Through their work, the concept of ‘Cognition Based Medicine’ has been introduced, both in theory and practice, as complementary to that of ‘Evidence Based Medicine’. During this workshop, we will explore the criteria and methodology of the CBM, with particular reference to the description and documentation of the individual clinical case.

The aim will be to improve our ability to present a scientifically correct single case study, even when addressing qualitative – rather than quantitative – factors, something we train ourselves to observe in our daily practice. This work extends its scope beyond the doctors’ clinical practice, to include that of therapists, psychoterapists, nurses, educators (etc.), often more challenging to present. In fact, a scientific attitude to document the clinical work can enhance the value of our therapeutic intuitions and experiences.

A professional approach to single case research work can add value to the individual medicine, so close to our heart. At the same time, it will facilitate the communication amongst the different fields of practice, within the anthroposophical medical professions.

This seminar will be strongly experiential and the lectures will alternate with work in small groups. To facilitate the latter, preparatory material will be sent to the participants, to give each person helpful guidelines for submitting a clinical case study, prior to the workshop. For this reason we need the participants to apply as early as possible. After registration you will receive per e-mail the instructions and materials needed, provided by the instructors.

If you need any other information about case reports, please contact us at

casiclinici@aresma.com

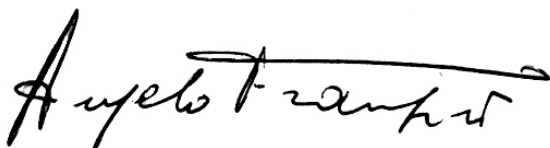
Roberta Zorovini, from Smile Service of Trieste will act as the organizing secretariat for ARESMA this time. Roberta will receive your e-mails at the address

aresma@smileservice.it.

Hoping to meet you at the course we add to the wish for a merry and inspired Christmas, the hope that we can in future have one Medicine with no distinction between “conventional” and “non conventional” and to be able to build bridges through all fields and between all people that work with the aim of a more “humane” Medicine in mind.

We look forward to hearing from you.

Best wishes,



Angelo Franzini



Emanuela Portalupi

*Light Divine
Christ-Sun
Warm Thou our Hearts
Enlighten Thou our Heads
That good may become
What we from our Hearts would found
What we from our Heads would direct
In conscious
Willing.*

Rudolf Steiner, Christmas Conference, 1923-1924